



AUSTRALIAN
DISABILITY
NETWORK

Mentoring for Jobseekers



Professional mentoring program for people with disability

With the Australian Disability Network Career Mentoring program, you will be matched with an experienced professional who can help you identify your career development goals while building your workplace confidence.

Why participate in Mentoring?

- Build your confidence and gain valuable insights from experienced professionals.
- Improve your employability skills.
- Review and enhance your resume and cover letter.
- Improve your communication skills.
- Practice and improve your interview technique.
- Build confidence to share disability-related information with employers so they can support you to perform at your best.
- Gain industry knowledge.
- Develop networking and social skills.

About the program

With over 2,000 mentees with disability having benefitted, Career Mentoring is a proven pathway to employment. This program connects job seekers with disability to seasoned professionals across various fields and organisations.

What's involved?

Career Mentoring runs across four months, ensuring ample time for growth. Engage with your mentor for a minimum of six to eight sessions, each lasting approximately one to two hours.

Meetings with your mentor may include:

- Reviewing resume and cover letters
- Mock interviews
- Worksite visits

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- Networking with other professionals
- Building confidence
- Mapping your career pathways
- Identifying your strengths and areas of improvement
- Attending events and team meetings

Mentoring is a partnership. Bring your ideas and questions and your mentor will share their experiences, offering advice and insights.

Am I eligible?

If you are over 18 and a student or jobseeker with disability you may be eligible. You could be a school leaver, TAFE student, university student or graduate or simply looking for work or a career change.

How to apply

Career Mentoring runs twice per year. April to August and August to November.

Visit our website and complete the online application form on our Career Mentoring page.

www.australiandisabilitynetwork.org.au

70% of mentees that applied for a job throughout the course of the program were successful in their application.

What Mentees have to say:

"The highlight of the program was getting to know my mentor, but also through her getting to meet other experienced professionals living with disability and being exposed to a network of disability advocates. I had felt quite isolated (professionally speaking) and was amazed to find this community existed."

2023 Mentee

"Working with my mentor helped me to clarify my areas of strength, future career paths, and educated me around issues to do with disability disclosure. It was an invaluable experience and I'm so grateful to have had the opportunity to participate in the program."

2023 Mentee



About Us

Australian Disability Network is the peak body in Australia for employer-led disability inclusion. We are a national not-for-profit organisation working with organisations to advance the equitable inclusion of people with disability in all aspects of business, building a disability confident Australia.

Australian Disability Network

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