My Career Insights

INTERVIEW NOTES

A Good Student Reflection…

- Tone: Report style, presenting a factual record of what was covered in the unpacking interview
- Personalised for each student
- Reflects the conversation you had and how it links to the student's Morrisby profile
- Follows the format in the template
- Doesn't repeat or summarise the information already contained in the student's profile and notes template
- Avoids copy-paste of large amounts of text
- Unique to each consultant, but has some standardisation in tone and content

Reflective note taking involves...

- Asking the right questions to get the student to tell you more about themselves (most questions should be open-ended)
- Making eye contact with the student to encourage engagement and conversation
- Avoiding just talking to the student's profile, and instead asking them their thoughts and feelings about their results
- Asking yourself if what the student is telling you about themself is reflected in their results

Key Strengths and abilities: Aptitudes and Interests

Conversation Starters

What do you do in your spare time?

Tell me more about your special interest in [EG: sport]?

Do you notice anything that you are good at in or outside of school?

Sentence Starters

You indicated that you would like a job that involves…

You told me about your involvement in…

This was reflected in your profile with…

Example Sentences

When I asked you how things are going at school you told me that you don't enjoy it. You said that you really dislike Maths, English and Humanities, but don't mind Health, Italian and Food.

You were quite surprised by your high numerical score but informed me that you are not interested in a career involving numbers as you would prefer to be physically active at work.

Student Exploration: Personality, Work and Learning Style

Conversation Starters

When you do group work, do you take the lead or follow someone else?

What do you find beneficial or challenging about working independently?

Do you see yourself in a physically active job, moving around a lot or in a job where you are more stationary?

What does ‘seeking success’ mean to you? How will you know if you’re successful?

Sentence Starters

When we explored your personality profile we learned that you are….

Your profile indicated that you have a strong interest in….

As our discussion progressed you revealed that….

You told me you have been thinking about….

Example Sentences

When we started talking about sales careers, you expressed an interest in learning more about becoming a Real Estate Agent. We spoke about how this career would suit your extraverted personality and your desire for a lifestyle that provides spontaneity and flexibility.

Your profile indicated that you don't have a strong interest in working with the public, so we discussed scientific medical careers that don't involve direct contact with patients but can still contribute to the diagnosis and treatment of medical conditions.

Student Reflection

Conversation Starters

Do you feel these results reflect you / your ability / your skills and interests?

How do you feel about what we have discussed today?

What did you learn abut yourself today?

Do you have any questions for me?

Sentence Starters

When I asked you if you have given any thought to what career you might like in the future, you informed me that…

And when we explored your profile, it revealed…

You asked me about….

You were a bit unsure about what your profile said about….

Example Sentences

We also spoke about having a few career ideas as a 'back up plan'. You expressed an interest in careers in the sports industry such as Health and Fitness Instructor and Sports Coach.

You told me that you love cooking and are able to 'fix things'. This led to a discussion about a range of trades such as Chef and Plumber.

You were pleased to see several career suggestions on your list that involve fixing, building and maintaining things and you had added quite a few to your favorites list before we met.

Example

When we discussed your Personality profile it revealed that you prefer 'spontaneity and flexibility' and we discussed these qualities in relation to healthcare careers, which can often be unpredictable, but also require structured processes to be followed. You told me that you understand that a career in mental health can be challenging and stressful at times, but you believe you will be able to remain calm to assist people in need. Your empathetic nature was also revealed in your personality profile, which started our discussion about counselling, psychology and social work careers. This sparked an interest in you, and you told me about your involvement in the Year 7 mentoring programme at school which you find fulfilling.

Example

You were pleased to see several career suggestions on your list that involve fixing, building and maintaining things and you had added quite a few to your favorites list before we met. I demonstrated how to explore these careers in more depth by clicking on the external links provided and showed you how to research and add careers to your 'favourites' that were not on your list. You told me you are thinking about pursuing an apprenticeship when you finish secondary school, and you wanted to focus your career exploration on careers that don't require university qualifications.

Example

You are really interested in people and enjoy talking to people. You reflected on helping take care of your younger sister, dropping her at school and picking her up. You mentioned you don't get bored doing this and you like helping. This definitely aligns with your career suggestions where people and helping are at the centre. You also enjoy making and building things, you have designed your own table, and liked working with wood (measuring and cutting) in wood tech class. Computers also interest you and you believe your computer skills improved during lockdown. You play basketball and participate in swimming. I showed you the world of work chart and how your interests and 'career families' are represented here- the bigger the piece, the higher the interest.

Example

When we discussed your profile report, you said that it is quite accurate, saying 'it's exactly like me'. When we looked at your aptitudes, we noted how strong your abstract and spatial measures are, and when you told me your favourite subjects are math's and music because you play the piano to university level, and also compose, it made sense to both of us. You said you are self-taught from YouTube videos. When we discussed your ideas for the future you said you would like to keep music as a hobby as you are interested in architecture as well as science and technology topics.

Next Steps Examples

- Consider completing the Aptitudes questionnaire to add another layer of depth to your profile and career suggestions (optional aptitudes profile)
- Discuss with family members working in construction how they entered this area of work
- Continue exploring and researching careers that involve making and building in your online Morrisby report, making use of some of the resources in the external links provided
- Chat to your Career Teacher about VET and pre-apprenticeship opportunities.
- Seek work experience opportunities or conduct an information interview to gain an in-depth understanding of the careers working in health
- Start making a list of local companies you may want to reach out to for work experience
- Chat to your Career Teacher about elective and VCE subject selections and future study pathways

Questions? Thoughts? Ideas?...