# Year 10 lesson plan

Using the Morrisby tool to plan for work experience





Education and Training



### Name of Lesson:

My Choices – planning for work experience.

### Learning Intention:

Students will be able to build knowledge and understanding of their suitability for potential careers and the local opportunities that exist in the areas being explored.

#### Success Criteria:

I can explain why I am suited to the careers I am exploring, including how typical tasks, duties and work environment match my interests, skills, and preferences.

I understand how to use labour market information to predict work opportunities and can identify work opportunities within my region for the purpose of work experience.

I can use the Morrisby Profile tool to gain an understanding of myself in relation to careers and to gather information about the careers in preparation for experiencing work.

## Prior Knowledge/ Concepts/ Skills:

Students have completed the My Career Insights program in Year 9 including online profiling and a one-on-one interview with a Careers Consultant.

Students would benefit from having completed:

- Preparatory Lesson Plans My Career Insights
- Student e-workbook Unpacking your Morrisby Profile

Students have completed Accessing your Morrisby Profile - Instructional guide.

This lesson has been designed with the intention that students will complete this prior to <u>My Choices – planning for subject selection</u> but it may be completed as a stand-alone lesson depending on your school schedule and needs.

#### Equipment/ Resources required:

- Internet access
- Computer/laptop/tablet
- Morrisby profile
- Student e-workbook planning for work experience
- Writing materials
- My Career Action Plan Year 10 I Plan

## **Lesson Duration:**

50-70 minutes. You may wish to deliver this over 2 sessions depending on your timetable.





#### Lesson Description:



Access the student e-workbook - My choices - planning for work experience here.

#### Start part one.

The Morrisby Profile tool can help you understand how well you are matched to different careers, allowing you to understand what you might like and be good at in terms of employment. Use the Morrisby Profile tool to complete the student e-workbook and assess your suitability for different careers. Remember that your Morrisby Profile is just one tool that can be used to help inform your choices.

- 1. Log in to your Morrisby Profile.
- 2. Review your list of 'favourite careers', refining or expanding as necessary.
- 3. Choose three careers in your list to explore further.
- 4. Use the key links, as well as your aptitudes and interests to assess your suitability for each career.
- 5. Determine whether your chosen careers match your workplace preferences.





#### ACTIVITY 2 – Planning for work experience

PART 2 – planning for work experience

20-30 minutes

Continue working through the student e-workbook – My choices – planning for work experience here

#### Start PART 2.

Work experience allows you to gain real insight into potential career options. Use the internet to conduct a search of potential employers within your region. Use your Morrisby Profile to assess whether your work style might suit employment within these businesses/ organisations.

- 1. Use the internet to find two potential employers within your region for your three chosen careers.
- 2. Record the details in the table provided.
- 3. Use your Morrisby profile 'work style' to assess your suitability to these workplaces.
- 4. Have a conversation with students about the next steps: making contact for work experience.

ACTIVITY 3 – My Career Action Plan – Year 10 – I Plan

PART 3 – my career action plan 10 minutes

Use the My Career Action Plan – Year 10 – I Plan template to record/update relevant information.

- 1. Update 'my profile' information, including occupations of interest and work experience plans.
- 2. Update 'my goals and plans' information including career choices and personal requirements.

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